

The F-Words Life Wheel

The F-Words

Life Wheel

An interactive on-line course via Zoom:

Interviewing and Coaching approach to facilitate conversations and goal setting for children and their families, caregivers and educators



Developed by Arul Hamill and Lucy Charles, Paediatric OT NZ and Kelly Reynolds, Kids plus Foundation Australia, in collaboration with CanChild Canada. Presented online by Lucy and Arul. See www.paediatricot.co.nz for profiles

Who should attend:

Occupational Therapist, Physiotherapists, Speech and Language Therapists and Psychologists.

Course outcomes:

- Use the F-Words for Childhood Development as a framework and a way of thinking about childhood development and enabling good lives.
- Apply the **F-Words Life Wheel** collaboratively with children, families and teachers to have meaningful conversations using coaching techniques.
- Identify **meaningful goals** based on what is important to children and families.
- Incorporate the findings from the **F-Words Life Wheel** into your reporting and outcome measures.
- Participants are invited to contribute to the **F-Words Life Wheel** feedback and evaluation to the Canchild research team.

What are the F-Words?

The 'F-Words' focus on six key areas of child development.

Family, **Fun**, **Fitness**, **Future**, **Function** and **Friends**.

Follow up:

- Participants are also invited to a follow up session to ask further questions and problem solve with the presenters and peers after having the opportunity to use the F-Words Life Wheel in their current practice

Description:

- Live stream presentation with opportunity to ask questions
- Watch examples/videos of the F-Words Life Wheel being put into practice
- Engage with peers in organised break out groups as you practice skills you have just learned
- Receive copy of recently published F Words Life Wheel Guidelines

Comments from recent attendees: (Therapists working in the DHB and special schools)

*"The F-words Life Wheel was a great way to get the ball rolling by introducing topics and giving families opportunities to talk about what is important to **them**"*

"The F-words Life Wheel changed a Mum's thinking from impairment to function"

"I wasn't quite sure where it fitted into my role, but the F-Words Life Wheel has given me a format to steer conversations with families in the right direction"

*"The F-words Life Wheel has given me the ability to feed information back to the team to guide **their** practice"*

BOOK YOUR PLACE TODAY

Email to admin@paediatricot.co.nz

Workshop date: Monday 21st September 2020, 9.00am-2.30pm

Follow up session: Monday 12th October 2020 8.00am-9.30am

Cost \$250 per person including GST

Payment : Internet Transfer only

Please pay to PaediatricOT Ltd. Account #: 02-0108-0389329-00

Registration Form: Paediatric OT Ltd

GST No. 121-887-104

This registration form will constitute a tax invoice once you have completed all details. Please retain a copy for your records. No receipt will be issued unless specifically requested. Confirmation of your place, along with venue details, will be emailed once payment is received.

One Day Workshop + Follow up	Organisation	
Registration includes: <ul style="list-style-type: none">• Pre-questionnaire and pre-reading• Electronic copy of notes• F-Words Life Wheel Booklet• Online presentation on Zoom• Follow up session on Zoom	Name	
	Address	
	Town/City	
Cancellation Policy: Refunds will be given, less 20% of the registration fee to cover administration costs, upon notification in writing no less than 10 working days prior to the event. No refunds will be given after this date however a substitute participant can attend at no additional cost.	Phone	
	Email	
	Profession	
	Workplace	
	Payment	\$250.00 including GST

