

**Ko ngā tapuwae tuku iho, ko te huarahi manawapou / Nurturing and enabling resilience and sustainability  
Clinical Workshops Programme**

**Subject to change  
Presenting authors listed in programme**

**Saturday 15 September  
Tangata Whenua Hui**

From  
4.30pm

**Pukemokimoki Marae**

5.00pm

Powhiri

5.30pm

Prepare wharenui

6.00pm

Kai

7.00pm

Karakia  
Whakawhanaungatanga

9.00pm

Kapu Ti

**Sunday 16 September  
Tangata Whenua Hui**

7.30am

Parakuihi

8.30am

Prepare wharenui

9.00am

Opening Keynote Speaker – Isla Whittington

10.00am

Manuhiri: Te Rau Matatini – Maori Health Workforce Survey Te Iti te Rahi

10.30am

Kapu Ti

11.00am

Tikanga Wananga

12.00pm

Nga Pou Mana – Roxanne Waru

12.30pm	Administrative Hui - Conference Manual
1.00pm	Kai
2.00pm	Manuhiri: Dr Diana Rangihuna & Mark Kopua
3.00pm	Preparation for Clinical Workshops - For presenters - Waitata practice - Introductory speakers
3.30pm	Open Forum Discussion - Supervision Roopu
4.30pm	Preparation for Powhiri
5.00pm	Clinical Workshops Powhiri
6.00pm	Kapu Ti
7.00pm	Kai Hakari
8.00pm	Wananga / Waiata
9.00pm	Kapu ti
	<b>Monday 17 September Tangata Whenua Hui</b>
7.00am	Breakfast
7.30am	Poroporoake
8.00am	Whakahokia ki te kainga / Haere ki te Clinical Workshops
	<b>Sunday 16 September Clinical Workshops</b>
	Collect your registration pack between 4pm – 4.30pm <b>Napier Conference Centre</b>

5pm - 7pm	<b>Clinical Workshops Powhiri</b> <b>Pukemokimoki Marae</b> (transport will be departing from Napier Conference Centre at 4.30pm)
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	<b>Monday 17 September</b> <b>Clinical Workshops</b>			
8am	Collect your registration pack from 8am <b>Napier Conference Centre</b>			
9am	Karakia / Mihimihi / Himene			
9.15am	Welcome and housekeeping			
9.25am	Opening Address <b>Ngahiwi Tomoana</b>			
9.55am	Morning tea Exhibition Gallery Opens			
10.25am	Guest Speakers <b>Dr Diana Rangihuna &amp; Mark Kopua</b>			
<b>Workshops 1</b>	<b>Te Huarahi kia Huri me te Ngakau – Titikaha I Te Huarahi</b> <b>Leading and committing to change</b>	<b>Te tiaki a te tangata I a ia ano I tea o Hauora</b> <b>Self-care in health care</b>	<b>Tamariki/whanau</b> <b>Children/Families</b>	<b>Hauora hinengaro</b> <b>Mental health</b>
11am – 12.30pm	<i>90 min workshop</i>  <b>Defining Māori Occupational therapy Whakaora ngangahau in Aotearoa New Zealand</b> <b>Jacob Tahitahi, Georgina Davis, Isla Whittington</b>	<i>90 min workshop</i>  <b>If it matters to you it matters to me - Whai tikanga- doing what matters</b> <b>Lynn Faulkner</b>	<i>90 min workshop</i>  <b>Turning evidence into outcomes: Establishing and delivering a successful employment supportive programme in rural Northland</b> <b>Becki Priest, Adel Stephenson</b>	<i>90 min workshop</i>  <b>‘Stress Busting’ with Columbian refugee migrants exposed to trauma</b> <b>Nicole McGill, Clive James</b>

12.30 – 1.30pm	Lunch – Poster session			
<b>Workshops 2</b>	<b>Te Huarahi kia Huri me te Ngākau – Titikaha I Te Huarahi</b> <b>Leading and committing to change</b>	<b>Te tiaki a te tangata I a ia anō I tea o Hauora</b> <b>Self-care in health care</b>	<b>Tamariki / Whānau Children / Families</b>	<b>Hauora hinengaro</b> <b>Mental health</b>
1.30pm – 3.00pm	<p><i>40 min workshop 1.30 - 2.10pm</i></p> <p><b>Revising the World Federation of Occupational Therapy Human Rights Position Paper</b> <b>Clare Hocking</b></p> <p><i>40 min workshop 2.20 – 3pm</i></p> <p><b>Rangatiratanga and the promise of the two peoples. Leading change and committing to bi-cultural group facilitation</b> <b>Melanie Smith</b></p>	<p><i>90 min workshop</i></p> <p><b>Walk the talk; 3CDD supervision model of walking supervision</b> <b>Rita Robinson</b></p>	<p><i>40 min workshop 1.30 - 2.10pm</i></p> <p><b>Ko tō whakaora tāku whakaora, ko taua anō taua: Your healing is my healing, for we are the same</b> <b>Riwai Wilson, Karina Thorpe</b></p> <p><i>40 min workshop 2.20 – 3pm</i></p> <p><b>Using a Māori centred approach to better support Māori youth to develop resilience through participation</b> <b>Maree Smith</b></p>	<p><i>40 min workshop 1.30 - 2.10pm</i></p> <p><b>Running a Cognitive Stimulation Therapy group in a rural town in Northland</b> <b>Eleanor Besso</b></p> <p><i>40 min workshop 2.20 – 3pm</i></p> <p><b>Nurturing &amp; Sustaining me through good supervision</b> <b>Carolyn Simmons</b></p>
3.00pm – 3.30pm	Afternoon tea			
<b>Workshop 3</b>	<b>Te Huarahi kia Huri me te Ngākau – Titikaha I Te Huarahi</b> <b>Leading and committing to change</b>	<b>Te tiaki a te tangata I a ia anō I tea o Hauora</b> <b>Self-care in health care</b>	<b>Tamariki / Whānau Children / Families</b>	<b>Hauora hinengaro</b> <b>Mental health</b>
3.30pm – 5.15pm	<p><i>90 min workshop</i></p> <p><b>Practising in postcolonial context: Pākehā working as treaty partners</b> <b>Clare Hocking, Mary Silcock, Stephanie Cox</b></p>	<p><i>40 min workshop 3.30 – 4.10pm</i></p> <p><b>Visioning an integrity practice for Occupational therapy Whakaora ngangahau</b> <b>Mary Butler</b></p> <p><i>20 min presentation 4.10 – 4.30pm</i></p>	<p><i>90 min workshop</i></p> <p><b>Occupational Balance: Exploring the place of activities/interests in day to day life</b> <b>Jackie Herkt</b></p>	<p><i>40 min workshop 3.30 – 4.10pm</i></p> <p><b>Sustaining the “Occupational Lens” through Self-Audit</b> <b>Carolyn Simmons</b></p> <p><i>40 min workshop 4.10 – 4.50pm</i></p>

		<p><b>Poverty - ethical dilemma for Occupational therapy</b>  <b>Whakaora ngangahau in Aotearoa</b>  <a href="#">Heidi Cathcart</a></p> <p><i>40 min workshop 4.30 – 5.10pm</i></p> <p><b>Working with people from diverse cultures</b>  <a href="#">Linda Robertson</a></p>		<p><b>Working in a kaupapa Māori NGO</b>  <a href="#">Georgina Davis, Jacob Tahitahi</a></p> <p><i>15 min presentation 4.50 – 5.15pm</i></p> <p><b>The development of the Improving Mental Health Service - Quality Assurance Framework</b>  <a href="#">Gilbert Azuela</a></p>
5.15pm – 6.30pm	<p>Meet the sponsors function  <a href="#">Exhibition Gallery</a></p>			

## Tuesday 18 September

8.00am	Venue open for access Exhibition gallery open			
<b>Workshop 4</b>	<b>Te Huarahi kia Huri me te Ngākau – Titikaha I Te Huarahi</b> Leading and committing to change	<b>Te tiaki a te tangata I a ia anō I tea o Hauora</b> Self-care in health care	<b>Tamariki / Whānau</b> Children / Families	<b>Hauora hinengaro</b> Mental health
8.30am – 10.00am	<i>90 min workshop</i>  <b>First line interventions for vision rehabilitation: A workshop using simulation</b> <b>Mary Butler</b>	<i>90 min workshop</i>  <b>The art of wellbeing</b> <b>Karen Bambrough, Renee Bradfield, Liz Mafile’o, Jenny Stenbridge de Aguilera, Wendy Wright</b>	<i>90 min workshop</i>  <b>Sensory processing - Is it a tool in your tool box?</b> <b>Rita Robinson</b>	<i>90 min workshop</i>  <b>Sexual expression for everybody: Using the Recognition Model to guide safe and inclusive practice</b> <b>Narelle Higson</b>
10.00am	<b>Guest Speakers</b>			
11.00am-11.30am	Morning tea			
11.30am	Occupational Therapy New Zealand Whakaora Ngangahau Aotearoa <b>AGM</b> – all welcome			
12.45pm – 1.45pm	Lunch – Poster session			

Workshops 5	Te Huarahi kia Huri me te Ngākau – Titikaha   Te Huarahi Leading and committing to change	Te tiaki a te tangata   a ia anō   tea o Hauora Self-care in health care	Tamariki / Whānau Children / Families	Hauora Hinengaro Mental health
1.45pm – 3.15pm	<p>40 min workshop 1.45 – 2.25pm</p> <p><b>Vocational rehabilitation: How can we increase client centred</b> <b>Kimberlea Lemon</b></p> <p>40 min workshop 2.35 – 3.15pm</p> <p><b>The acute care context - Are we up for change (yet) and if so what?</b> <b>Carolyn Simmons</b> (limited to 26 participants)</p>	<p>40 min workshop 1.45 – 2.25pm</p> <p><b>Cultural empathy – Lip service or an opportunity to transform therapeutic engagement?</b> <b>Esthe Davis</b></p> <p>40 min workshop 2.35 – 3.15pm</p> <p><b>The Occupation of Parenting Nurturing and enabling resilience in the parenting role</b> <b>Dan Johnson</b></p>	<p>15 min presentation 1.45 – 2pm</p> <p><b>Frustrated by DNAs? How do you think your clients feel?</b> <b>Marcia Underwood</b></p> <p>20 min presentation 2.05 – 2.25pm</p> <p><b>Finding ways to provide choice and support in the hearts of Corrections' associated families</b> <b>Adelia Sadler</b></p> <p>20 min presentation 2.30 – 2.50pm</p> <p><b>Complex trauma following child maltreatment: Occupational therapy Whakaora ngangahau practice in Aotearoa and Australia</b> <b>Julia Mason</b></p> <p>20 min presentation 2.55 – 3.15pm</p> <p><b>Building resilience with children and young people through the Seasons for Growth Programme</b> <b>Pam Mitchell</b></p>	<p>40 min workshop 1.45 – 2.25pm</p> <p><b>Anything you can do we can do bleeding - unless we are poor</b> <b>Rosie Brown, Linda Bowden</b></p> <p>15 min presentation 2.35 – 2.50pm</p> <p><b>Reflecting on recovery</b> <b>Lana Van Lierop</b></p> <p>15 min presentation 3pm – 3.15pm</p> <p><b>Factors influencing work performance and time loss for people with Myotonic Dystrophy</b> <b>Dympna Mulroy</b></p>
3.15pm – 3.45pm	Afternoon tea			

<b>Workshops 6</b>	<b>Te Huarahi kia Huri me te Ngākau – Titikaha I Te Huarahi</b> <b>Leading and committing to change</b>	<b>Te tiaki a te tangata I a ia anō I tea o Hauora</b> <b>Self-care in health care</b>	<b>Tamariki / Whānau Children / Families</b>	<b>Hauora Hinengaro Mental Health</b>
3.45pm – 5.15pm	<i>90 min workshop</i>  <b>Cultural competencies: A Māori perspective</b> <b>Jacob Tahitahi, Georgina Davis, Isla Whittington</b>	<i>90 min workshop</i>  <b>Healthy work boundaries for wellbeing in practice</b> <b>Jill Secker</b>	<i>90 min workshop</i>  <b>Toileting - mechanics and the implications</b> <b>Rita Robinson</b>	<i>90 min workshop</i>  <b>Solutions to Problems: Community intervention for sustainable individual change</b> <b>Kelsey Stalker, Dacia Davison</b>
From 6.30pm	Clinical Workshop Dinner – tickets available for purchase Gatsby Landing, Art Deco Masonic Hotel			

## Wednesday 19 September

8.00am	Venue open for access Exhibition Gallery open			
8.30am	Welcome and housekeeping			
8.35am	<b>Te tiaki a te tangata I a ia ano I tea o Hauora</b> <b>Self-care in Health care</b> Patrick Sherratt Innervate Hawkes Bay			
<b>Workshops 7</b>	<b>Te Huarahi kia Huri me te Ngākau – Titikaha I Te Huarahi</b> <b>Leading and committing to change</b>	<b>Te tiaki a te tangata I a ia anō I tea o Hauora</b> <b>Self-care in health care</b>	<b>Tamariki / Whānau</b> <b>Children / Families</b>	<b>Hauora hinengaro</b> <b>Mental health</b>
9.20am - 10.50am	<i>90 min workshop</i>  <b>The use of flax weaving as a therapeutic group</b> <b>Georgia Brown, Caroline Hawkins, Alysha Pratt, Georgina Davis</b>	<i>90 min workshop</i>  <b>Maintaining an “occupational lens”</b> <b>Rita Robinson</b>	<i>90 min workshop</i>  <b>Rainbow inclusive Occupational therapy Whakaora ngangahau</b> <b>Ben Te Maro, Kelsey Stalker, Rosie Brown</b>	<i>90 min workshop</i>  <b>Considering the evidence for building resilience in our bicultural context</b> <b>Clare Hocking, Margaret Jones</b>
10.50am - 11.20am	Morning tea			
<b>Workshops 8</b>	<b>Te Huarahi kia Huri me te Ngākau – Titikaha I Te Huarahi</b> <b>Leading and committing to change</b>	<b>Te tiaki a te tangata I a ia anō I tea o Hauora</b> <b>Self-care in health care</b>	<b>Tamariki / Whānau</b> <b>Children / Families</b>	<b>Hauora Hinengaro</b> <b>Mental health</b>
11.20am – 12.50pm	<i>20 min presentation 11.20 – 11.40am</i>  <b>Living my life: A new approach to disability support</b> <b>Cath Williams</b>	<i>90 min workshop</i>  <b>The practice of managing death let’s talk about it</b> <b>Janeen Richardson, Mary Butler</b>	<i>20 min presentations 11.20 – 11.40am</i>  <b>Enabling Occupational therapy Whakaora ngangahau to be more confident in our understanding and interventions to support clients to connect to and develop their Wairua</b> <b>Melanie Govender</b>	<i>40 min workshop 11.20am – 12pm</i>  <b>Adventure therapy and the non-adventurous therapist</b> <b>Helen Jeffery</b>

	<p>20 min presentation 11.45am – 12.05pm</p> <p><b>Community Occupational therapy Whakaora ngangahau waitlists - Seeing the wood for the trees</b>  <b>Rob Molyneux, Sarah Fisher</b></p> <p>20 min presentation 12.10 – 12.30pm</p> <p><b>Kāupapa Māori research: whakāro and reflections</b>  <b>Georgina Davis</b></p> <p>20 min presentation 12.35 – 12.55pm</p> <p><b>Working with corporate's to build resilience and sustainability into their business</b>  <b>Pamela Mitchell</b></p>		<p>20 min presentation 11.45 – 12.05pm</p> <p><b>Occupational therapy Whakaora ngangahau for adults with Autistic Spectrum Disorder</b>  <b>Cristiane Sugawara</b></p> <p>15 min presentation 12.10 – 12.25pm</p> <p><b>A critical reflection: A journey in service development of a mental health unit in Northland</b>  <b>Linda Richie</b></p> <p><i>(Hauora Hinengaro/ Mental health)</i>  20 min presentation 12.30 – 12.50pm</p> <p><b>A kōrero about working in Auckland Men's Prison</b>  <b>Rebecca Short</b></p>	<p>15 min presentation 12.10– 12.25pm</p> <p><b>Plugging the gap: creating lasting change through doing</b>  <b>Mitchell Drage</b></p> <p>20 min presentation 12.35 – 12.55pm</p> <p><b>Materiality and practice at the street-level: Taking action to honour Te Tiriti o Waitangi</b>  <b>Mary Silcock</b></p>
12.50pm – 1.45pm	Lunch – Poster session			
<b>Workshops 9</b>	<p><b>Te Huarahi kia Huri me te Ngākau – Titikaha I Te Huarahi</b>  <b>Leading and committing to change</b></p>	<p><b>Te tiaki a te tangata I a ia anō I tea o Hauora</b>  <b>Self-care in health care</b></p>	<p><b>Tamariki / Whānau Children / Families</b></p>	<p><b>Hauora Hinengaro Mental health</b></p>
1.45pm – 3.15pm	<p>90 min workshop</p> <p><b>Being culturally safe - come and learn your mihimihi</b>  <b>Shaz Bryant</b></p>	<p>90 min workshop</p> <p><b>Evidence-Based Practice: Keeping it simple sustainable and suitable</b>  <b>Linda Robertson, Helen Jeffery</b></p>	<p>90 min workshop</p> <p><b>Nurturing resilience through relationships</b>  <b>Danielle Atkins</b></p>	<p>90 min workshop</p> <p><b>The Occupation of Dating: Learning to be romantically resilient - Go, on, just swipe right!</b>  <b>Dan Johnson</b></p>
3.15pm – 4.00pm	Closing/Whakamutunga			