

PROFESSIONAL and CLINICAL SUPERVISION TRAINING

12 & 15TH APRIL (2 full days training 0930-1630pm.)

Are you keen to strengthen your skills and confidence as a professional supervisor?

Would you like some practical skills and frameworks that are easy to apply and will accelerate your skill base when supervising staff and students?

Would you like to learn how solid supervision skills can not only be of enormous benefit to clients and supervisees, but also to our own professional development?

This popular 2-day training program (run over 4, half days), which includes a 12 month embedding program, provides participants with a solid theoretical basis and a rich set of practical frameworks to guide supervision practice. The training emphasises ways to build an engaging supervisory relationship, informed by values, self-awareness, emotional intelligence ensuring the development of a psychologically safe environment, where learning can flourish.

The workshop blends theory with practical experience, is highly interactive and relevant to anyone providing professional and clinical supervision, from workplace supervisor to external supervisor.

The training provides practical skill building opportunities in:
key functions of supervision

- building a supervisory relationship
- contracting & reviewing supervision
- reflective practice
- unconscious processes
- learning styles & developmental stages
- other formats for supervision: peer, group or phone



Michelle's Approach

Michelle is a master at sharing theoretically informed, but practical solutions and strategies, that can be implemented quickly and immediately provide tangible results. Her ability to engage with people and create psychological safety within a workplace environment is her zone of genius.

Over the past decade, Michelle has been privileged to deliver training and facilitate powerful change to many workplaces, to over 35,000 professionals. She has shared the wisdom of many years in leadership roles in public health, running her own private health service and the practical knowledge of understanding how people create psychological and behavioural change informed by her mental health practice.



**MICHELLE
BIHARY**
RESILIENT TEAMS
THRIVING PEOPLE

Testimonials from Michelle's online workshops, April 2020

Michelle Bihary's course on supervision was informative, drawing from a range of theories which were presented in a cohesive package. Her presentation style welcomed informal questions, her responses were comprehensive. Michelle's passion for exploring health workers potential through sound supervision practice was inspiring and I came away with many ideas and concepts I can take back to my practice. I recommend this workshop.

Marcia Underwood, Paediatrics Occupational Therapist, Northland DHB.

This course exceeded my expectations in so many ways, I loved Michelle's wisdom and insights and her mental health background consolidates supervision practice perfectly. I feel incredibly confident to share learning with our Allied Health team in order to strengthen and grow supervision practice in our service.

Lana Van Lierop, Community OT/Service Co-Ordinator, Dunstan Hospital

This course provided so much value both professionally and personally. Zoom was great (meant I could attend!) and still very interactive. Would highly recommend course to anyone looking for further learning in the supervision space.

Anna Greenan, Private Practice Dietitian

I am so excited to reflect on everything I have learnt and to start to implement this in to my practice. This new knowledge will support me to get the most out of my own Supervision and to support students and future supervisors to make the most of their supervision too.

Helen Reading, Social Worker, Presbyterian Support

Testimonials from Michelle's face to face workshops in Christchurch in 2017

I attended Michelle's first NZ supervision course because I had been looking out for a quality clinical supervision course for some time and this fitted the bill. The result was that I now feel significantly more confident and have a range of more defined tools to implement clinical supervision to my health care professional colleagues. The course exceeded my expectations as not only do I feel I can provide quality supervision but I also now feel much more able to get more out of my own clinical supervision to maximise my learning. In particular I found that Michelle's approach was very professional, relatable and intelligent and she used good case examples that helped me integrate my learning more in depth. I found the experience has broadened my skills as an experienced Occupational Therapist and I go forward with increased knowledge, skill and confidence in both receiving and providing clinical supervision. I would highly recommend attending one of Michelle's course to any professional who is keen to maximise their learning in their workplace.

Lou Tapper – Thrive OT

Course Co-Ordinator and Contact Details

Randa Abbasi Owner – WorkSpace IQ – M: 021 1971 060 E: randa@workspaceiq.co.nz



REGISTRATION FORM

Professional and Clinical Supervision Training

Monday 12th & Thursday 15th April, 2021 (2 full days training)

NAME:

PHONE:

EMAIL ADDRESS:

POSTAL ADDRESS:

OCCUPATION/DISCIPLINE:

Venue: Zoom – link to be sent after registration form and payment received.

Time: 0900am -1630pm

Cost includes:

- Comprehensive workshop manual
- Full Road Map to Supervision
- Supervision Resources
- Follow up support

Please complete this email and return to: info@workspaceiq.co.nz

Full Cost: \$690 includes GST

Deposit into ANZ Bank Account Name: WorkSpace IQ

Account Number: 01-0804-0214303-01

Put your full name as a reference

Any specific course or payment enquires please contact Randa on
021 1971 060 or randa@workspaceiq.co.nz